

IN OUR SHOES FAQs

1. What does the In Our Shoes workshop involve?

Led by New Adventures Dance Artists and our Regional Dance Ambassadors, In Our Shoes is a longer movement workshop for max 20 people. Participants will play games, take part in group activities, learn choreography, and may receive a funded ticket to watch a performance of The Red Shoes with a parent or carer. If at capacity, participants will be selected at random, and we will direct everyone to further opportunities to experience dance in the local area.

2. What is the cost of In Our Shoes?

All In Our Shoes workshops are free for participants and if applicable, young people will also get a ticket for themselves and a parent/carer to watch The Red Shoes production too.

3. What is the booking process?

- Swan Lake Take Flight participants will be offered this opportunity by email, they can then fill in the online sign-up form (some venues will look after the bookings themselves)
- New Adventures/Venue gets in touch with a confirmation email if you have been allocated a place

4. What do the participants need?

- Participants should wear appropriate clothing for the workshop such as tracksuit bottoms, shorts, sportswear etc - no skirts or jeans, no jewellery to be worn during the session
- Depending on the type of the floor in your space, where appropriate and safe, the dance artists will ask the group to participate in bare feet

5. How are Health & Safety and Safeguarding dealt with at the take flight day?

- New Adventures and the theatre venue are responsible for health and safety, first aid and behaviour management within the studio
- All artists and ambassadors have had an enhanced DBS check within 3 years
- New Adventures is happy to provide a copy of our Safeguarding Policy on request

6. What is the maximum group size?

We teach a maximum of 20 participants in one In Our Shoes Workshop