

GREEN CHAMPION OF THE WORLD

We promise we will:

- Turn off lights when we're not using them.
- Try not to use the air-con or heating too much, especially when we don't need to.
- Turn off the water when we're brushing our teeth.
- Walk or ride our bikes instead of riding in the car whenever we can. We'll use less gas — and get some exercise!
- Unplug the chargers for our phones and tablets when we're not using them.
- Put our computers to "sleep" instead of leaving them on with the screensaver running.
- Use our water bottles and say no to disposable plastic bottles or paper cups. We'll drink tap water instead of bottled water and put some fruit or squash in if we don't like the taste.
- Take our own bags — preferably reusable ones — when we go to the shops.
- Not throw away scrap paper that we could use for drawing or just write on the back of.
- Organise a swap with our friends. What can we swap? Books, toys, even clothes. It's a way for everyone to get something new without spending any money and without throwing a bunch of stuff away. Set aside some items for your swap when you're cleaning your room!
- Help our friends to look after our Planet!



NEW/ADVENTURES

TAKE
PART